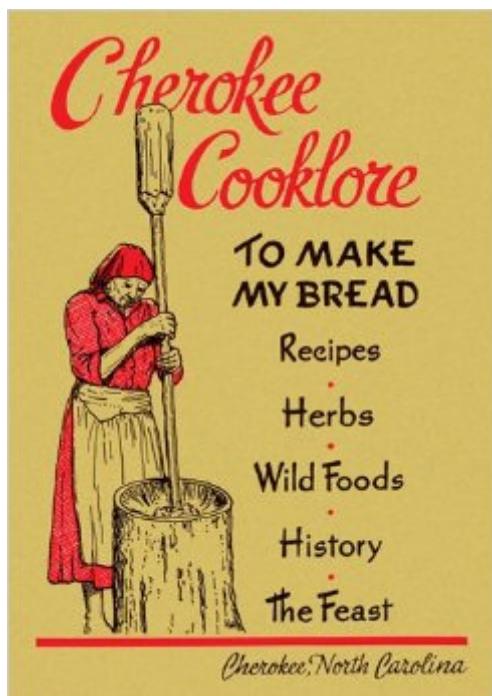


The book was found

Cherokee Cooklore: Preparing Cherokee Foods (Reprint Edition)



Synopsis

First published in 1951, Cherokee Cooklore introduces us to traditional Cherokee cooking. It starts with a photographic essay as Aggie Lossiah demonstrates how she makes bean bread. This is followed by recipes gathered from the North Carolina Cherokee community (including yellowjacket soup, blood pudding, hominy corn drink, baked squirrel, and hickory nut soup). A description of Cherokee food customs follows. This is a fascinating booklet that provides valuable food lore for the adventuresome gourmet or the student of Native American history.

Book Information

Paperback: 82 pages

Publisher: Coachwhip Publications (July 28, 2014)

Language: English

ISBN-10: 1616462574

ISBN-13: 978-1616462574

Product Dimensions: 10 x 7 x 0.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ See all reviewsÂ (10 customer reviews)

Best Sellers Rank: #1,103,783 in Books (See Top 100 in Books) #50 inÂ Books > Cookbooks, Food & Wine > Regional & International > Native American #112 inÂ Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes

Customer Reviews

Loved getting in touch with my heritage! Although the recipes are very simple and not incredibly descriptive, I love that it points me in the direction of my ancestors! Still want to make uwaga and grape dumplings!

Anyone looking for insights into native American food customs is likely to find this booklet extremely repetitive, but otherwise interesting. On the other hand, anyone looking for recipes is likely to be very disappointed.

My Granny was born in 1890's. Everyone believed she was Cherokee but weren't sure. I'm still not sure but some of these recipes and cooking methods are extremely familiar to me from watching her prepare them. I will try some of these just for the experience and in memory of my Granny.

It's in such great shape, and the recipes are so interesting! I haven't used any yet, but I am looking forward to it, especially in the colder months when we need heartier meals!

Very informative book. Beautiful illustrations.

[Download to continue reading...](#)

Cherokee Cooklore: Preparing Cherokee Foods (Reprint Edition) Jeep Cherokee: 1984 thru 2001 - Cherokee - Wagoneer - Comanche (Haynes Repair Manuals) The Complete Guide to Drying Foods at Home: Everything You Need to Know about Preparing, Storing, and Consuming Dried Foods (Back to Basics) 101 Recipes for Preparing Food in Bulk: Everything You Need to Know About Preparing, Storing, and Consuming with Companion CD-ROM (Back-To-Basics Cooking) Foraging the Rocky Mountains: Finding, Identifying, And Preparing Edible Wild Foods In The Rockies (Foraging Series) Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH PICTURES; Whole Foods Cookbook - Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss Foods to Fight Cancer: Essential foods to help prevent cancer Whole Foods: Plant-Based Whole Foods For Beginners: 30 Simple and Tasty Recipes for Exciting Meals and Healthy Weight Loss Williams-Sonoma Foods of the World: Florence: Authentic Recipes Celebrating the Foods of the World #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) Chakra Foods for Optimum Health: A Guide to the Foods That Can Improve Your Energy, Inspire Creative Changes, Open Your Heart, and Heal Body, Mind, and Spirit Jacksonland: President Andrew Jackson, Cherokee Chief John Ross, and a Great American Land Grab Sequoyah: The Cherokee Man Who Gave His People Writing (Robert F. Sibert Informational Book Honor (Awards)) Cherokee Food Book Weaving New Worlds: Southeastern Cherokee Women and Their Basketry (And Government; 5) Haynes Repair Manual: Jeep Grand Cherokee, 1993 thru 2004- All Models El Primer Fuego: Una Leyenda ChÃfÃ©roqui [The First Fire: A Cherokee Legend] Soft Rain: A Story of the Cherokee Trail of Tears Architecture: From Prehistory to Postmodernity, Reprint (2nd Edition)

[Dmca](#)